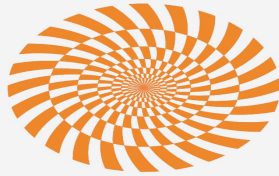


The Sheldon Short Guide to Worry and Anxiety

THE **SHELDON** SHORT GUIDE TO **PHOBIAS** AND **PANIC**



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